

INTERVIEW QUESTIONS FOR FAST FOOD GENOCIDE

- 1.** Fast Food Genocide is a pretty shocking title for a book. What do you mean by that, and what inspired you to write this book?

- 2.** How do you define Fast Food? Couldn't a fast food establishment serve something healthy?

- 3.** How much fast food are Americans eating? What are the consequences for our own health, and for the health of our nation?

- 4.** The fascinating science presented in this book discusses the consumption of fast food and decreasing intelligence, and increasing propensity for criminal behavior, drug use and violence? Can you explain?

- 5.** What are some of the most dangerous things a person can eat to destroy their health and accelerate their death?

- 6.** Can you explain the reason you discussed the post civil war period when black American were freed and how fast food has exacerbated racism and bigotry?

- 7.** Why do you think that our consumption of fast and processed foods is dangerous for future generations? Don't babies start off with a clean slate, healthwise?

- 8.** So what can we expect if we make a radical shift to a Nutritarian diet? How will that change us personally? How will it change society?

- 9.** Will people enjoy food as much eating so healthfully? Many people listening might be thinking that they would prefer to eat what they want and just die younger?

- 10.** What is the key to getting the urban populations — who are the most vulnerable — to embrace this style of eating?

- 11.** Can people who have been raised on fast food really make this kind of radical change in their diet, or is change too difficult for most people?

- 12.** What important message do you want to relay that we have not already discussed. And how can our listeners get the book and learn more?